



Welcome to The 32nd Nordic Lipidforum Symposium

9 – 12 June 2024

Turku – Finland



Picture: Visit Turku

We are happy to invite you all to the 32nd Nordic Lipidforum Symposium in Turku!

The main heading for the symposium is:

Lipids for the future - contribution of lipids in nutrition, food products and pharmaceuticals

The symposium will cover a variety of topics relevant for new science of lipids including:

- health and nutritional aspects of lipids
- pharmaceutical aspects of lipids
- lipids in personalised nutrition
- lipids in skin care
- lipids in aquaculture and pet nutrition
- novel lipids and fatty acids
- lipid oxidation and antioxidants
- novel processing and technology
- advanced lipid analysis and food safety

We emphasise that the program is open for all kinds of lipids in all sessions.

The symposium is an important meeting place for scientists, engineers, sales and marketing personnel and all others working within academia, health care and industry. The event is a unique possibility to exchange science and technology issues related to lipids, fats, and oils.

The 7th *Nordic Lipidforum Academy* will be arranged prior to the symposium!

Turku, located in Southwestern Finland, is Finland's former capital. The versatile livelihood structure, top class selection of education, culture, and services, as well as the beautiful archipelago, form a magnetic combination in Turku. In Turku there is everything, but still Turku is small enough that you can go almost everywhere by foot or bike. Sights include e.g. the Turku Castle and Moominworld in Naantali.

For more information about the region and city: [Visit Turku](#), and [Book Turku](#).

We are looking forward to seeing you in Turku – in the city where the river meets the Baltic sea!

Nordic Lipidforum

Postal address:
C/O SINTEF
Borgundvegen 340
N-6009 AALESUND, NORWAY

Att: Robert Wolff
Telephone: +47 994 49 579
secretary@lipidforum.info
www.lipidforum.info

Enterprise /VAT No: NO 995 264 234
BANK: DNB
BIC: DNBANOKKXXX
IBAN: NO66 1503 6390 317

Venue

The symposium will take place at **Radisson Blu Marina Palace Hotel, Turku**. Located downtown, Radisson Blu Marina provides a classy venue for our event. Bright meeting space has windows overlooking the river, Aura. For more information visit their website [here](#).

Rooms are pre-reserved for the Symposium at the congress hotel and Solo Sokos Hotel Turun Seurahuone. Please give the code BNLF24 when booking the reserved rooms. You are free to order hotel stay wherever you like. Note that there will be a big conference at the same time. Please take the opportunity to register for an early bird.

Registration – online

[Register here](#)

Symposium fees

- **Early-bird fee - Industry and academia - before 9 March 2024:**



Members: EUR 450
Non-members: EUR 550

- **Early-bird fee – Students - before 9 March 2024:**



Members: EUR 300
Non-members: EUR 400

- **Late fee - Industry and academia - after 9 March 2024:**

Members: EUR 550
Non-members: EUR 650

- **Late fee - Students - after 9 March 2024:**

Members: EUR 350
Non-members: EUR 450

Included in the registration fee: Conference materials, admission to the symposium, coffee and delightful refreshment during breaks, lunches all days, and Get-together Sunday afternoon. Hotel accommodation must be booked separately.

To become a Lipidforum member you can sign up on www.lipidforum.info.

The Gala Dinner at [Brewery Restaurant Koulu](#):

Industry and academic staff: EUR 100
Students: EUR 50

Activities*

Social program for Monday 10 June. The activities will start around 17:00.

- Visit and Guided tour at Turku Castle (17:00) **EUR 25**
- Visit of the laboratories of Food Sciences of University of Turku **Free**

*Enrolment upon Symposium registration. Changes might occur. Additional social programs (self-booking) will be suggested later.

Terms of registration

The registration fees are invoiced by Certia Oy, Aboa Events (VAT FI23274223) on behalf of the organiser Nordic Lipidforum, (VAT NO 995 264 234).

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On-line payments are guaranteed through a secure site which is provided by Aboa Congress and Event Services.

Cancellation policy

Cancellation made before **12 April 2024**: free of charge.

Cancellation before **12 May 2024**: 50% refund

Cancellation after **1 June 2024**: No refund

Notice: substitutions within own organisation may be made at any time.

A processing fee of EUR 50 will be deducted from all refund.

Notification of cancellation of registration must be sent in writing to the conference organiser Aboa Event: aboaevents@certia.fi.

The conference organiser reserves the right to retain all fees paid in the event of non-attendance at the conference.

Neither the Nordic Lipidforum nor Aboa Congress and Event Service can be held responsible for any financial loss resulting from exchange rate fluctuations.

Accommodation:

Accommodation is booked directly from the hotel website. Please give the code **BNLF24**. Payment directly to the hotel. **Do book early!** Turku has many events during these dates. Rooms allocated for the Symposium will be released, first ones already March 10th, last ones May 5th.

Following hotels are recommended:

[Radisson Blue Marina Palace Hotel](#) (Congress venue) – price per night:

River view room: EUR 126

River view twin room: EUR 146

Standard single room: EUR 120

Standard twin room: EUR 140

[Solo Sokos Hotel Turun Seurahuone](#) – price per night (Distance to congress venue: 350 m):

Standard single room: EUR 126

Standard twin room: EUR 146

Naturally, you are free to book a hotel stay wherever you like. Turku has many hotels and hostels to choose from.

Getting to Turku

The city has an airport, harbour, bus station and two railway stations (Turku and Kupittaa).

By plane to Turku:

You can fly directly to Turku from Stockholm, Riga and Gdansk (SAS, Air Baltic, WizzAir).

By plane to Helsinki:

Helsinki airport is well connected by several airlines (Finnair, SAS, Norwegian and others).

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Reach Turku from Helsinki airport:

Train: from Helsinki airport – Pasila (change) – **Kupittaa** (Turku). Upon booking, be aware that destination is Kupittaa (Turku), not Turku. Approx 2.5 hours. From station to venue: 2.4 km.

Bus: Helsinki Airport (Vantaa) - Turku (Turku). Approx 2.5 hours. From station to venue: 1.7 km.

By boat from Stockholm: Two ferry companies operate between Turku and Stockholm: [Viking line](#) and [Tallink Silja line](#). Distance from harbour to Conference venue: 2.4 km.

About taxis: For [taxi service](#) we recommend companies Taxidata and Menevä. Especially with other service providers, ask for price beforehand!

Young Scientist Award

Young Scientist Award for Nordic PhD-students are available for the 32nd Nordic Lipid Symposium, deadline for submission is **16 February 2024**. For further information see our website [here](#).

Call for Abstracts:

Deadline for submission of abstracts is **16 February 2024**. Register abstract [here](#).

For further information and registration, see our website [here](#).



The 7th Nordic Lipidforum Academy 2024

Prior to the Symposium, we are happy to invite PhD-students or other interested persons to join the 7th Nordic Lipidforum Academy. This will take place between Wednesday June 5 and Sunday June 9. For further information see our website (TBA).

Committees

Organising Committee:

Chair Anna-Maija Lampi - anna-maija.lampi@helsinki.fi, Chair of the Board and Senior University Lecturer at University of Helsinki.

Kaisa Linderborg - kaisa.linderborg@utu.fi, Local representative and Professor at University of Turku.

Kaisa Reime - kaisa.reime@aromtech.com, Board Member and Manager for Registration & Quality at Aromtech Ltd.

Robert Wolff - secretary@lipidforum.info, Secretary and Business Developer at SINTEF Ålesund

Scientific Committee:

In addition to the Organising committee, the members of the Lipidforum board serves as the scientific committee. For more information see our website [here](#).

Conference organiser:

Gunnilla Sjøberg - gunilla.sjoberg@aboaservices.fi, Aboa Congress and Event Services.

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Program – outline

The conference sessions will start Monday morning 10 June and close around lunchtime on Wednesday June 12. Program is tentative and full program will be provided later.


Sunday, June 9

- Registration at Radisson Blue Marina Palace Hotel 15:00
- Get-together between 18:00 and 20:00

Monday, June 10

- Opening ceremony and invited symposium speaker
- Oral presentations and poster sessions
- Social activities – further info and registration

Tuesday, June 11

- The Morning jog or walk. Sponsored by: 
- Oral presentations and poster sessions
- The Nordic Lipidforum General Assembly
- Symposium Dinner

Wednesday, June 12

- Oral presentations and poster session
- Lunch and farewell from 12:00



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