

# Welcome to

## The 33<sup>rd</sup> Nordic Lipidforum Symposium

7 – 10 June 2026



### Reykjavik, Iceland

**We are happy to invite you all to the 33<sup>rd</sup> Nordic Lipidforum Symposium in Reykjavik!**

The symposium is an important meeting place for R&D employees, scientists, engineers, sales and marketing personnel and *all* others, working within academia, health care and industry. The Symposium is a unique possibility to exchange science and technology issues related to lipids, fats, and oils.

The symposium will cover a variety of topics relevant for new science of lipids including:

- health and nutritional aspects of lipids
- pharmaceutical aspects of lipids
- lipids in personalised nutrition
- lipids in skin care
- lipids in aquaculture and pet nutrition
- novel lipids and fatty acids
- lipid oxidation and antioxidants
- new processing and technology
- advanced lipid analysis and food safety

We emphasise that the program is open for both marine, plant and animal lipids in all sessions.

We are also happy to announce that we are planning to organise the **8<sup>th</sup> Nordic Lipidforum Academy** prior to the symposium!

#### **Discover Reykjavik – Where Nature Meets Nordic Culture**

*Nestled on the edge of the Arctic Circle, Reykjavik is not only the world's northernmost capital but also a vibrant gateway to Iceland's rich history and breathtaking landscapes. Founded in the 9th century by Norse settlers, the city has grown into a modern hub of creativity, sustainability, and innovation. From the colourful rooftops of its charming downtown to the geothermal wonders just beyond its borders, Reykjavik offers a unique blend of culture, nature, and adventure. Join us in this extraordinary setting where ancient sagas meet cutting-edge ideas—an unforgettable backdrop for meaningful connections and inspiring conversations.*

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#### **Nordic Lipidforum**

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C/O SINTEF  
Borgundvegen 340  
N-6009 AALESUND, NORWAY

Att: Robert Wolff  
Telephone: +47 994 49 579  
[secretary@lipidforum.info](mailto:secretary@lipidforum.info)  
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Enterprise /VAT No: NO 995 264 234  
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BIC: DNBANOKKXXX  
IBAN: NO66 1503 6390 317

*We are looking forward to seeing you in Reykjavik!*

## Venue

The symposium will take place at **Reykjavik Natura – Berjaya Hotel**. The hotel is located in the beautiful surroundings of Öskjuhlíð hill and Nauthólsvík beach and provides a classy venue for our event. For more information visit their website [here](#).

## Committees

### Organising Committee:

**Chair** Lára Björgvinsdóttir - [larab@lysi.is](mailto:larab@lysi.is). Chair of the Board and Head of Quality Control at Lýsi.

**Guðrún Valgerður Skúladóttir** - [guðrunvs@hi.is](mailto:guðrunvs@hi.is), Professor Emerita at University of Iceland.

**Robert Wolff** - [secretary@lipidforum.info](mailto:secretary@lipidforum.info), Secretary and Business Developer at SINTEF (NOR)

### Scientific Committee:

**Arnar Halldórsson, Baldur Hjaltason, Guðmundur G. Haraldsson, Guðrún V. Skúladóttir, Haraldur G. Guðmundsson and Lára Björgvinsdóttir.**

In addition, the members of the Lipidforum board serves as the scientific committee. For more information see our website [here](#).

### Conference organiser:

**Þorunn Dagg Johnsen Hardardóttir** - [thorunn@athygliradstefnur.is](mailto:thorunn@athygliradstefnur.is) Athygli Conferences.

## Registration – online

[Register here](#)

### Symposium fees

- **Early-bird fee - Industry and academia - before 9 March 2026:**



Members: ISK 75 000

Non-members: ISK 90 000

- **Early-bird fee – Students - before 9 March 2026:**



Members: ISK 48 000

Non-members: ISK 62 000

- **Late fee - Industry and academia - after 9 March 2026:**

Members: ISK 90 000

Non-members: ISK 105 000

- **Late fee - Students - after 9 March 2026:**

Members: ISK 62 000

Non-members: ISK 75 000

**Included in the registration fee:** Conference materials, admission to the symposium, coffee and delightful refreshment during breaks, lunches all days, and Get-together Sunday afternoon. Hotel accommodation must be booked separately.

To become a Lipidforum member you can sign up on [www.lipidforum.info](http://www.lipidforum.info).

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The Gala Dinner, Tuesday 9<sup>th</sup> of June, at [Nauthóll](#):

Industry and academic staff: ISK 19 000

Students: ISK 8 000

### Activities\*

Social program for Tuesday 9 June.

- **Visit to Sky Lagoon** ISK 10 500

\*Enrolment upon Symposium registration. Changes might occur. Additional social programs (self-booking) will be suggested later.

### Terms of registration

The registration fees are invoiced by Athygli Conferences.

On-line payments are guaranteed through a secure site which is provided by eventure-online.com.

### Cancellation policy

Cancellation made before **17 May 2026**: Full refund\*

Cancellation after **17 May 2026**: No refund

*\*An administration fee of ISK 12 000 will be deducted from all refund.*

### Notice:

Cancellation of registration must be sent in writing to [thorunn@atconferences.is](mailto:thorunn@atconferences.is).

Changes can be made at any time.

The conference organizers reserve the right to retain all fees paid in the event of non-attendance at the conference.

Accommodation will be refunded if cancellation is made within 4 weeks before arrival date.

Neither the organizers of the conference nor Athygli Conferences can be held responsible for any financial loss resulting from exchange rate fluctuations. Service fee for all changes is ISK 5 500.

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## Accommodation:

Accommodation at the **Reykjavik Natura – Berjaya Hotel** is booked directly through the registration form. **Do book early!** Naturally, you are free to book a hotel stay wherever you like. Reykjavik has many hotels and hostels to choose from.

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## Getting to Reykjavik

Travelling to Iceland is done by plane! The city has an airport.

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## Call for Abstracts:

Deadline for submission of abstracts is **6 February 2026**. Register abstract [here](#).

We will be able to accept submission of poster presentation until 1 May 2026.

For further information and registration, see our website [here](#).



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## Young Scientist Award

Young Scientist Award for Nordic PhD-students are available for the 33<sup>rd</sup> Nordic Lipid Symposium, deadline for submission is **6 February 2026**. For further information see our website [here](#).

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## The 8<sup>th</sup> Nordic Lipidforum Academy 2026

Prior to the Symposium, we are happy to invite PhD-students or other interested persons to join the 8<sup>th</sup> Nordic Lipidforum Academy. This will take place between Wednesday June 3 and Sunday June 7. For further information see our website (TBA).

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## Program – outline

The conference sessions will start Monday morning 8 June and close around lunchtime on Wednesday June 10. Program is tentative and full program will be provided later.


### Sunday, June 7

- Registration at 15:00
- Get-together between 18:00 and 20:00

### Monday, June 8

- Opening ceremony and invited symposium speaker
- Oral presentations and poster sessions
- Social activities – further info and registration

### Tuesday, June 9

- The Morning jog or walk. Sponsored by: 
- Oral presentations and poster sessions
- The Nordic Lipidforum General Assembly
- Symposium Dinner

### Wednesday, June 10

- Oral presentations and poster session
- Lunch and farewell from 12:00

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